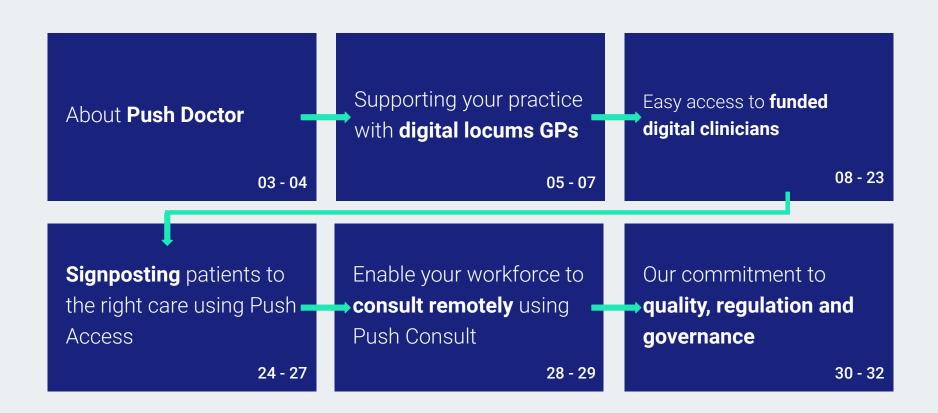




# Solutions for a sustainable future in primary care

#### **Contents**

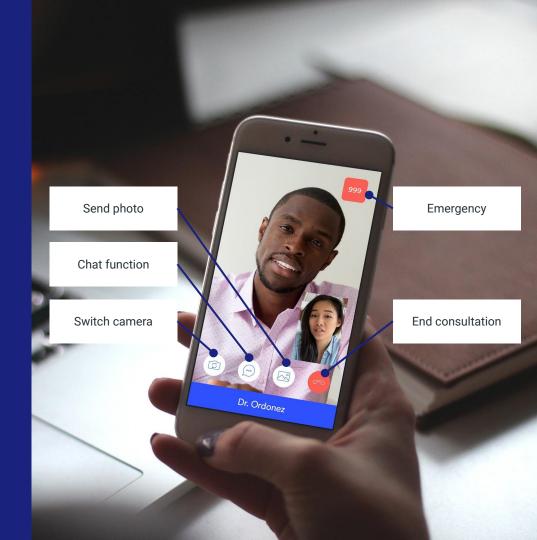




## **Push Doctor**

We enable patients to see a range of clinicians face-to-face at a time and place that suits them, on their phone, tablet or laptop.





### Why Push Doctor?

Used by over **5.8 million**NHS patients across the UK

Appointments available on weekdays **8am - 8pm,** and weekends **9am - 5pm** 

Bookings can be made **7 days a week, 24 hours** a day

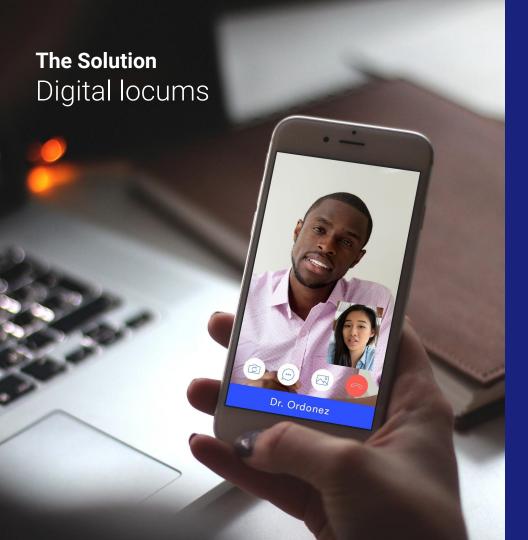
An average app store rating of 4.7 out of 5

Fully integrated with **EMIS** and **TPP systems** for maximum efficiency in the surgery

First digital healthcare provider **rated 'Good' by CQC** with **'Outstanding'** in the well-led category



More than a third (36%) of GPs are considering early retirement, causing GP numbers to remain stagnant.



- ① Only pay for appointments **you book**
- Management, recruitment, training and governance all included
- Increase capacity instantly when your practice needs it
- Support teams provided for GP's, surgery staff and patients
- Prevent GP **burnout** by offloading tasks and workload
- Give patients greater choice and accessibility when seeing a GP



## **Problems** a PCN faces recruiting an additional role



**Highly complex process** of applying and accessing the Additional Roles Reimbursement Scheme (ARRS)



**Difficulty in recruitment, management and clinical supervision** of additional roles across multiple practices



**Additional tasks of monitoring, reporting and governance** of the additional role and its benefits to the practice



**Finding space** and efficient use of clinicians across multiple practices

# Easy access to a funded First Contact Physiotherapist

It is estimated that MSK conditions account for **20-30%** of the GP caseload\*

## **Problems** this causes in general practice



Patients experiencing an MSK problem will mostly seek advice in the first instance, from their GP



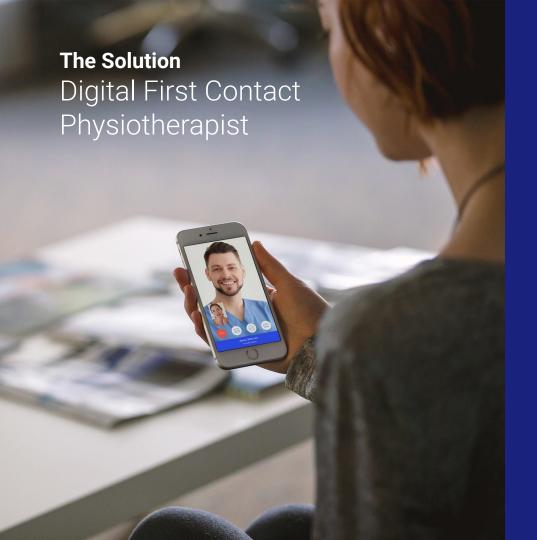
**Adding demand** to an already overworked and decreasing workforce of GPs



Contributing to **challenges of recruiting and retaining** staff in a general practice



With longer patient pathways to the right care



- Quick and easy set up in practice
- Full recruitment, onboarding, governance and employment of additional clinician
- ① Cost effective delivery of a service with access to the ARRS funding scheme
- ★ Location-agnostic FCPs working remotely across multiple practices
- Digital transformation in line with the
   NHS long term plan (add funding pot)
- 98% of MSK patients can be seen without follow up with a GP

## **Improved** patient pathways

Traditional MSK pathway	
01	Patient has an MSK problem
02	Patient visits GP who offers analgesia and advice
03	Patient returns to GP with unresolved problem
04	Patient referred to physiotherapy, <b>6 week wait</b> Then undertakes 4 weeks of treatment
05	Problem unresolved, patient referred to Interface service, 6 week waiting time
06	Patient referred for diagnostic imaging and informed of results <b>5 weeks + 1 week</b>
07	Referred for surgical opinion. Total wait time 22 weeks

#### Pathway with first contact physiotherapists

- **01** Patient has an MSK problem
- Patient visits GP who offer appointment with a first contact physiotherapist
- Patient receives advice, analgesia, and **4 week exercise** prescription.

  At the same time referred for imaging and informed of results
- **Q4** Referred for surgical opinion. **Total wait time 6 weeks**

## Easy access to a funded Clinical Pharmacist

23% of patients that see a GP could be better managed by a Medicine Management Service\*

## **Problems** caused in general practice and PCN



1 in 4 PCNs are not accessing ARRS funding for a clinical pharmacist due to recruitment, management and other challenges



**Structured Medication Review** and Medicines Optimisation are core PCN deliverables and otherwise fall onto GPs

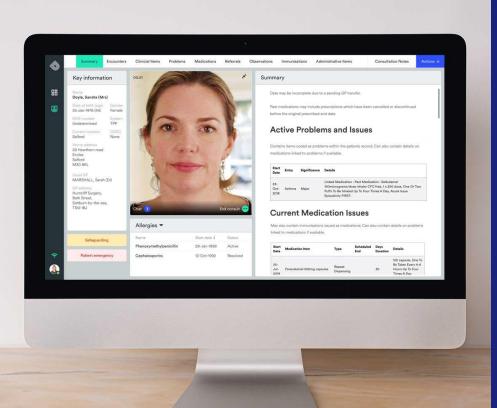


**Adding demand** to an already overworked and decreasing workforce of GPs



Contributing to **challenges of recruiting and retaining** staff in general practice

## **The Solution**Digital Clinical Pharmacist



- Eligible patient cohort for medicines optimisation defined by the PCN, to flexibly match to local needs
- Service cost includes recruitment, management, governance and clinical supervision
- (+) ARRS-reimbursement minimises cost
- Supports in achieving QOF & IIF funding
- Reduced need for GP/nurse time, which comes at a higher cost to practices

## **Examples of 'patient cohorts' for dCP intervention**



#### **Condition specific cohorts**

COPD, Type 2 Diabetes, Asthma



#### **Patient-specific cohorts**

Housebound, Polypharmacy, Learning Difficulties



#### **Medication specific cohorts**

Quality Improvement in antibiotic, opioid or anticoagulant prescribing



#### **Service specific cohorts**

Medication Reconciliation, Enhanced Health in Care Homes, Cardiovascular Disease Prevention

## Easy access to a funded Minor Ailments Pharmacist

1 in 3 patients that see a GP could be better managed by a minor ailments service\*

## **Problems** seen in General practice



Patients suffering from a minor ailment, that could be managed with OTC treatment, will mostly seek **advice**, in the first instance, from their GP



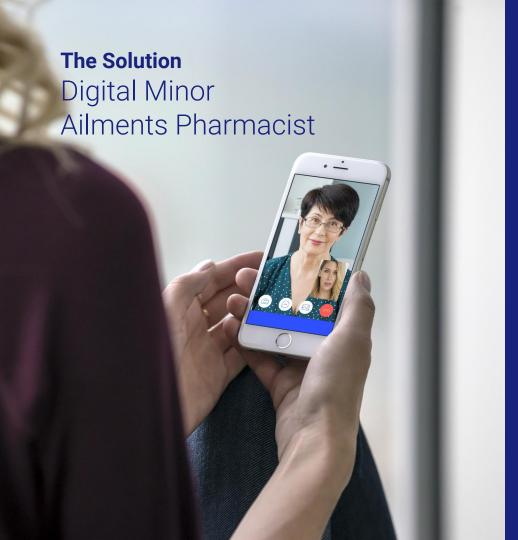
**Patients choose** a GP to avoid the **inconvenience** of visiting a physical pharmacy and being redirected to a GP anyway



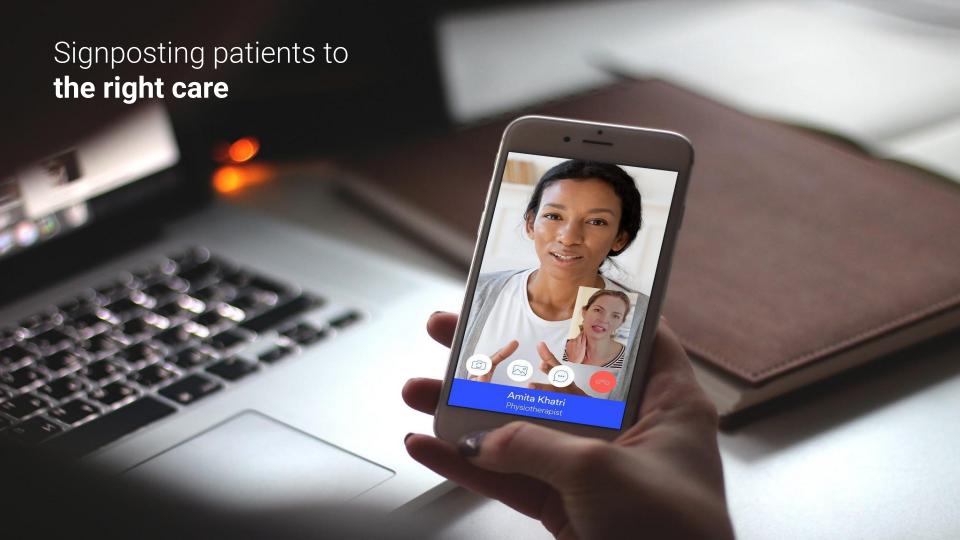
**Adding demand** to an already overworked and decreasing workforce of GPs



Contributing to **challenges of recruiting and retaining** staff in a general practice



- (+) Entirely free service. Costs covered by central CPCS funding for minor ailments
- Reduced need for a GP/nurse appointments at a higher cost to the practice
- If required, the digital pharmacist can send the patient a digital GP appointment without referring back to the surgery
- 95% of patients seen by a Minor Ailments Service need no further referral



## **Problems** of triage in General practice



One size doesn't fit all with different practices wanting to work in different ways



**Existing solutions** give Practices control, but **don't reduce Practice workload and burden** 



Patient experience is undesirable with busy phone lines and convoluted online forms with slow reaction times



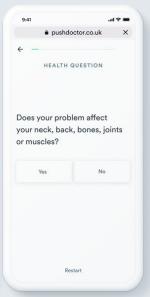
Majority of Patients presenting at Practice pushed towards overburdened GP or Nurse as the 1st point of contact

### The Solution

### **Push Access**







- A flexible approach to triage that works with the needs of individual practices
- Reduce the burden on the practice with better signposting of patients
- Signpost patients to the right clinician straight away, improving recovery time and reduces total patient appointments
- NHS assured solution included in the new DFOCVC framework

## **Compare** triage options

#### Controlled bookings

#### Push Access Lite

- Requests sent directly to the surgeries designated inbox
- Write back to the record

#### Push Access Signposting

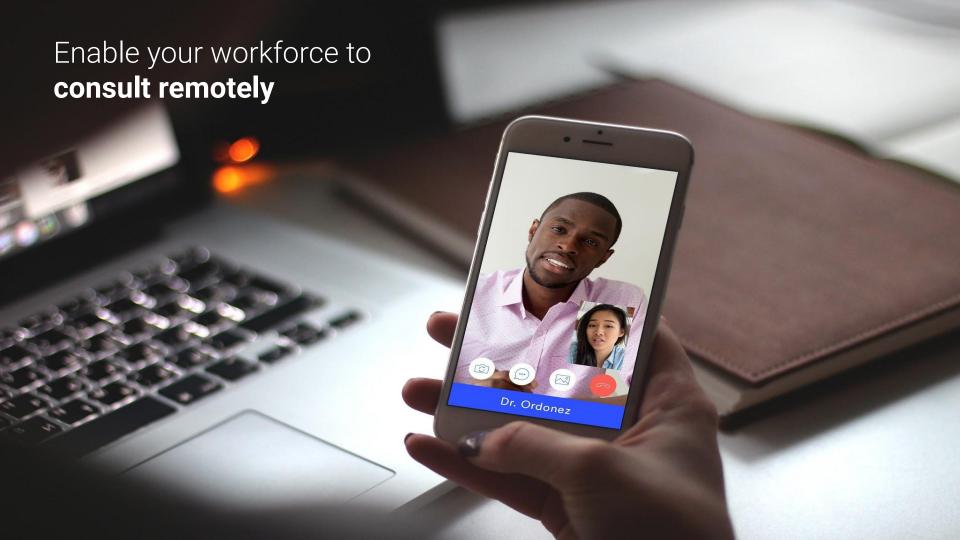
- Augmented clinical questions
- Signposting with recommended clinician and patient symptoms sent to the surgeries designated inbox
- Write back to the record

#### Open bookings

Recommended

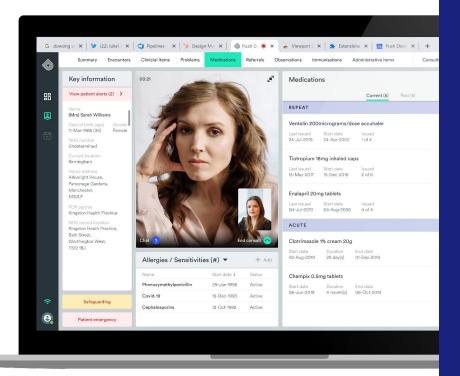
#### Push Access Signposting

- Augmented clinical questions
- Automated decision tree signposting patients to recommended clinician
- Direct instant access for patients to book with online clinicians
- Write back to the record



## Introducing

#### **Push Consult**



- Enabling Healthcare Professionals to consult remotely with their patients
- GP Connect integration allows authorised clinical staff to share and view GP practice clinical information and data between IT systems
- **View a read-only** version of the patient's detailed GP practice record
- Send consultation summary back to the patient's GP practice in a PDF form, detailing the consultation outcomes and actions taken
- Patient medical information available to all appropriate clinicians when and where they need it saving time and providing consistent care.



### **Quality Assurance**

We pride ourselves on our robust governance structure. It sets us apart and ensures our service is maintained to the highest quality.





Clinical governance meetings: We'll meet you on a monthly basis to review the service, any incidents reported and any questions you may have.



**Clinical flows integration:** Interoperability is a minefield, we know. That's why we take it all out of your hands, making sure our standardised processes integrate seamlessly with yours.



**Datix reporting:** We actively encourage partners to report all incidents, and we investigate each one thoroughly. It's how we continuously improve our service and ensure no stone is left unturned.



**Signposting:** Patient safety is key. If our doctors are ever in any doubt about the care they can provide digitally, they will always signpost patients back to in-person care.

## **Trusted by**Independent regulators









#### Who are they?

- **CQC:** In our last review, we achieved an overall rating of 'Good', with 'Outstanding' in the Well-Led category.
- (1) **ISO:** We are ISO 27001 certified, meaning we are internationally recognised against the standards of Information Security.
- ORCHA: We are the only digital workforce provider to achieve over 80% compliance with NHS standards for health apps.
- NICE: We carry out regular assessments to ensure we comply with all National Institute for Health and Care Excellence guidance.

### **Glossary of terms**

#### **Push Consult**

Video platform that enables Healthcare Professionals to consult remotely with patients, view their detailed GP record and send back consultation reports.

#### **Push Access Lite**

Help and advice questionnaire the patient fills out that can be sent into a practice admin inbox and reviewed by the practice admin team.

#### **Push Access Signposting**

Augmented questions signposting patients to the right clinician and collecting symptom data to pass through to a digital clinician or admin team.

#### **ARRS** scheme

Additional Role Reimbursement Scheme is a funding pot for PCNs to recruit and fund additional clinicians

#### **CPCS**

Funding that a pharmacy can claim when patients presenting with a minor ailment are signposted from a GP surgery to a pharmacist.

#### **Push Portal**

Appointment platform allowing practice admin teams or clinicians to see availability and invite patients with a unique link to a video appointment.





# Get support today

#### **Contact us:**

Via email at <a href="mailto:info@pushdr.com">info@pushdr.com</a> Via the <a href="mailto:website">website</a>